



Northern Buckeye Conference

Middle School Track and Field Championships

Rossford Sports Complex, Friday, May 10, 2024

Middle
School
Track

Rossford Sports Complex not Glenwood Athletic Complex Meet scorer: Richard Morgan, phone: 419-601-1976
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- Teams:** Eastwood, Fostoria, Genoa, Lake, Maumee, Oak Harbor, Otsego, and Rossford
- Scratches:** **Please check the program. Make sure everything is correct.** If there are any corrections, changes, scratches, or substitutions, please come to the press box before the coaches' meeting if possible. Once the meet begins, only drops will be accepted, except for injury.
- Meeting:** There will be a **short coaches' meeting at 3:30** in the hospitality tent.
- Sprints:** All sprints will be run as finals, based on submitted times. Athletes were placed into two heats, run from slower to faster. However, anyone can score from either heat.
- Field Events:** In the SP and DT, the athletes have been seeded by submitted distances in flights. Each athlete will get three attempts, and the top 9 competitors will advance to the finals. The LJ was seeded alphabetically by school, with the competition being open pit for one hour for each gender. Each athlete will get three attempts, and the top 9 competitors will advance to the finals. Placing will be based on farthest attempt, based on all 6 efforts.
- Relays:** As there will be no relay cards, please report changes in runners to the press box, just like any other event. Please use your own batons.
- Zones:** We are asking that coaches help judge exchange zones during the relays. Please report to the exchange zone assigned. Flags will be provided.
400 m relay zone 1: Maumee, Fostoria
400 m relay zone 2: Genoa, Otsego
400 m relay zone 3: Rossford, Oak Harbor
800 m relay zone: Eastwood, Lake
- Heights:** We will use the following starting heights: Girls HJ 3'10", Boys HJ 4', Girls PV 5', and Boys PV 6.' **These can be changed at the coaches' meeting by common agreement.**
- Scoring:** We will score 8 places. (10-8-6-5-4-3-2-1)
- Awards:** There will be team trophies for champion and runner-up. Individually, we will score 8 places. Plaques will be given to winners. All awards will be available in the press box after the meet.
- Markings:** Tape is acceptable to mark the high jump. Please use your own tennis balls to mark relay zones.
- Results:** All results will be posted on baumspace.
- Live Results:** Results will be posted on baumspace as events are completed.



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Middle School Track and Field Championships Schedule and Information

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Field events

- 4:00 PM
- Girls Pole Vault, boys to follow
 - Girls High Jump, boys to follow
 - Boys Long Jump, girls to follow
There will be 3 attempts, then the top 9 jumpers will advance to finals for 3 more attempts. Competition will be open pit for one hour, then finals.
 - Boys Shot put, girls to follow
There will be 3 attempts, then the top 9 throwers will advance to finals for 3 more attempts.
 - Girls Discus, boys to follow
There will be 3 attempts, then the top 9 throwers will advance to finals for 3 more attempts.

Starting heights: Girls HJ 3'10", Boys HJ 4', Girls PV 5', and Boys PV 6'

Finals for Running Events

- 5:00 PM
- Girls 4 X 800 M Relay final
 - Boys 4 X 800 M Relay final
 - Girls 100 M Hurdles (2 heats)
 - Boys 110 M Hurdles (2 heats)
 - Girls 100 M Dash (2 heats)
 - Boys 100 M Dash (2 heats)
 - Girls 4 x 200 M Relay
 - Boys 4 x 200 M Relay
 - Girls 1600 M Run
 - Boys 1600 M Run
 - Girls 4 x 100 M Relay
 - Boys 4 x 100 M Relay
 - Girls 400 M Dash (2 heats)
 - Boys 400 M Dash (2 heats)
 - Girls 200 M Hurdles (2 heats)
 - Boys 200 M Hurdles (2 heats)
 - Girls 800 M Run
 - Boys 800 M Run
 - Girls 200 M Dash (2 heats)
 - Boys 200 M Dash (2 heats)
 - There is a required 20-minute gap between the start of the girls 200 and the start of the girls 4 X 4. If necessary, we will hold the relay so there will be the 20-minute rest.
 - Girls 4 x 400 M Relay
 - Boys 4 x 400 M Relay